

FLU CLINICS 2018

OVER 65s

We will shortly be starting our Flu clinics and will be targeting over 65 year olds first. If you will be **over 65 years of age on or before 31st March 2019**, you will soon receive either a text or letter inviting you to **book an appointment** in our flu clinic on **TUESDAY 2ND OCTOBER** or attend our **DROP IN CLINIC on TUESDAY 30TH OCTOBER BETWEEN 4 pm – 7 pm**

This year we will be receiving delivery of the flu vaccination in stages. This means we can only plan clinics when we know we have enough vaccines and therefore you may find that we are unable to offer you an appointment straight away.

Please be assured that you **WILL** receive your free flu vaccination, it just may mean that you have to wait a little longer than in previous years.

We will be advertising our clinics on our website and also notices in our waiting room so please keep a look out for these.

UNDER 65s at risk

If you are **under 65 years of age on or before 31st March 2019** and you have:

- Asthma with regular inhalers
- Diabetes
- COPD
- Heart Disease
- Kidney Disease
- Cancer
- Immuno suppressed

Or you are:

- A carer
- Health and Social care staff employed by a registered residential care/nursing home or registered domiciliary care provider or employed by a voluntary managed hospice provider who is directly involved in the care of vulnerable patients/clients who are at increased risk from exposure to influenza.

Or you are currently:

- Pregnant
- Morbidly obese

You will shortly be receiving a text or letter inviting you to attend for your free flu vaccination in our

DROP IN CLINICS on either TUESDAY 9TH OCTOBER 5 pm – 7 pm or TUESDAY 16TH OCTOBER 5.30 PM – 7 PM There is no need to make an appointment, just drop in between 5 pm and 7 pm. If you are

not sure if you fall into this category of patients, please ask at reception.

2 AND 3 YEAR OLDS (date of birth between 01.09.2014 and 31.08.2016)

If your child's birthday falls between the above dates, you will shortly be receiving a text or letter inviting them to attend for their free flu vaccination (administered as a nasal spray) in our

DROP IN CLINIC on TUESDAY 16th OCTOBER BETWEEN 3.30 PM – 5 PM