

Newsletter Spring 2024



MMR

Any patient who has not had 2 doses of the MMR vaccine is welcome to book an appointment with our nurse particularly if you:

- Are about to start University
- Are going to travel abroad
- Are planning a pregnancy
- Are a frontline health or social care worker
- Were born between 1970 and 1979 as you may only have been vaccinated against measles
- Were born between 1980 and 1990 as you may not be protected against mumps

NHS

You can book an appointment
and catch up on the MMR
vaccine at any age

Getting the NHS MMR vaccine is free
and usually takes just a few minutes



NHS APP

The NHS App is a simple and secure way to access a range of NHS services and information on your smartphone or tablet.

If you are over the age of 16 the NHS App enables you to:

- view your GP health record to help you better understand and manage your condition, without having to phone your GP surgery. With the App you can access your consultation notes, letters and test results.
- to manage repeat prescriptions and easily change your nominated pharmacy, so you can send orders when it's convenient for you.
- to access your appointment information and manage your hospital appointments. You can also find out your NHS number and access NHS 111 online to get instant advice or medical help near you.

Start using the App today. For more information, including how to download the NHS App, please visit www.nhs.uk/nhsapp



MOBILE PHONE NUMBER

Have we got your up to date mobile phone number? We use this to send you text reminders for your appointments and other appropriate messages relating to your medical record
Please check with the receptionist.

YOU MIGHT NOT SEE A GP

We have a team of experienced and very capable clinicians who play a crucial role in providing comprehensive and specialised healthcare services to our patients. Each clinician brings a unique set of skills and expertise to our Practice and are fully supported by Dr Benn.

GREYSTONES MEDICAL CENTRE STAFF

Advanced Nurse Practitioner (ANP) *(Skilled healthcare professional with advanced training)*

Qualified to assess, diagnose, and treat a wide range of medical conditions. Patients benefit from their expertise in managing both acute and chronic illnesses, as well as receiving guidance on preventative healthcare and measures.

Paramedic

(Skilled Health Professional)

Play a crucial role in providing emergency care, as well as contributing to the ongoing management of various health conditions making them a valuable member of our healthcare team.

NETWORK STAFF

Pharmacists

(Ensure the safe and effective use of medications)

Provide medication reviews, collaborating with other clinicians. Pharmacists contribute to optimising medication regimes for our patients.

Physiotherapists

(Focus on enhancing mobility and function)

Play a key role in the rehabilitation of patients recovering from injuries, surgeries, or chronic conditions. Through personalised exercise plans and therapeutic interventions, contributing to the overall physical well-being of patients.

Mental Health Practitioners

(Support patients with psychological and emotional well-being)

Offer counselling, therapy, or guidance on managing mental health conditions. Integrating mental health services into our Practice ensures a holistic approach to healthcare.

Care Coordinators

(Play a pivotal role in coordinating and managing patient care)

Help to enhance health outcomes for our patients by coordinating diagnostic tests, help with medication management, health promotion and disease prevention. Help patients connect with community resources, support networks, and non-medical services that contribute to overall well-being

Door 43

(Provide a safe and comfortable space for 1:1 emotional wellbeing support for 13–21-year-olds)

Equips patients with the tools and strategies to understand and manage their own mental health. Signposting and referring to any relevant groups, organisations and information that may help.

Listener *(supports patients in dealing with life's challenges)*

The Listening Service a free, independent, confidential service provided by South Yorkshire Chaplaincy and Listening Service, a charity with experience in supporting individuals in a variety of circumstances. The service is not counselling or advice-giving.



Spotlight on Dr George McNaughton

I am currently a junior doctor training at both Greystones Medical Centre and Northern General Hospital. I spend one day a week at Greystones and the rest at the hospital. I am aiming to do either GP or pre-hospital medicine as a speciality in the future.

Outside of medicine I love bouldering, languages and classical music.